



The Creighton Centre

Health & Wellbeing Fair

Health checks

Information
& advice

Nutrition tips for your
brain & body

Benefit health
checks

Try out a
wellbeing activity

Tips on
preventing falls

And more...

What?

A FREE community event for you to explore expert advice, health checks, fun taster sessions and wellbeing activities - plus a free nutritious lunch!

When?

Wednesday
14th MAY 2025
10AM - 2PM

Where?

The Creighton
Centre
378 Lillie Rd,
Fulham, SW6 7PH

DISCOVER.CONNECT.THRIVE

Open to all H&F residents, carers, volunteers & professionals

To find out more contact us on:
020 7385 9689 or info@creightoncentre.org



The Creighton Centre

Health & Wellbeing Fair



Find out what support is available
in your local area

Try out a wellbeing activity

Benefits health check

Talk to healthcare professionals

Get your blood pressure checked

Home safety & security tips

Free refreshments & lunch!

Enjoy a gardening activity to
support a healthy mind

And much more...

Where?

**The Creighton
Centre**
378 Lillie Rd,
Fulham, SW6 7PH

Wednesday
14th MAY 2025
10AM - 2PM

**Information,
Advice and
wellbeing
tasters from
10am - 1pm**

**Lunch and
Wellbeing
activity from
1pm - 2pm**

