



## Carers Rights Day

Carers Rights Day is on **Thursday 21 November**! Carers Network is running a programme of **online and in-person** workshop talks and activities on both the day itself and on **Weds 20** and **Fri 22 November**. Sessions are online unless indicated.

To register, and for logins, please email [events@carers-network.org.uk](mailto:events@carers-network.org.uk) / call 020 8960 3033.

Online First Aid Training Weds 20 Nov 11:30am-1pm	Silver Social Event for older carers* Thurs 21 Nov 12pm-4pm
Coffee Morning at Irish Cultural Centre, 5 Black's Road, W6 9DT <b>CANCELLED</b>	Online Green Doctor Energy Talk Thurs 21 Nov 4pm-5pm
Online Pension Credits and Energy Costs Savings Thurs 21 Nov 12:30pm-1:30pm	In-person Pension Credits and Energy Costs Savings Talk** Fri 22 Nov 2pm-3pm

**\*The Polish Centre, 238-246 King St, W6 0RF**

**\*LBHF event: Free hot food, entertainment and info stalls**

**\*\*Dawes Road Hub, 20 Dawes Road, SW6 7EN**